

# SHIRLEY CHILDREN'S CENTRE BREASTFEEDING POLICY

This policy links with the following:

Equalities Policy  
Anti-discriminatory Practice

Document Control

Amendment History

| <b>Version/Issue Number</b> | <b>Date</b>  | <b>Author</b>              | <b>Remarks/reason for change</b>     | <b>Review Date</b> |
|-----------------------------|--------------|----------------------------|--------------------------------------|--------------------|
| 1                           | October 2014 | Eyullahemaye Henry-Miller  | To be ratified by the governing body | October 2015       |
| 2                           | October 2017 | Yvonne Charalambous        | Reviewed & updated                   | October 2018       |
| 3                           | October 2018 | Nicky Cook & Katie Coomber | Reviewed & updated                   | October 2019       |

## **Breastfeeding Policy**

### **Statement of Intent**

Shirley Children's Centre will support women to recognise and understand the benefits of breastfeeding in a relaxed and supportive environment.

Shirley Children's Centre acknowledges that every woman has the fundamental right to make the decision about how to feed her baby without judgment. At Shirley Children's Centre we will work towards ensuring that women who access universal services are enabled to make an informed decision about how to feed their baby, based on information and knowledge made available. The children's centre will positively encourage and support mothers to breastfeed their children and will equally support mothers who choose to bottle feed their children.

The breastfeeding policy for Shirley Children's Centre works alongside the NHS Strategy that provides breastfeeding advice for breastfeeding mothers.

### **Aims and Strategy**

At Shirley Children's Centre we will support all mothers in their chosen baby feeding practice in the following ways;

- Information available in the children's centre
- Signpost to clinics and breastfeeding support groups
- Being breastfeeding friendly in the children's centre
- Providing a safe and comfortable space for parents to feed their babies

Shirley Children's Centre will provide a caring and supportive ethos where women are supported and feel comfortable breastfeeding their child. The health benefits of breastfeeding will be made known to the mothers via literature available in the Centre, & breastfeeding support groups.

Shirley Children's Centre will provide a caring and supportive ethos where women are supported and feel comfortable to bottle feed their child.

Shirley Children's Centre will work closely with professionals from the NHS to ensure that staff working with new and expectant mothers have been fully trained in the management of breastfeeding in order for them to provide competent advice and support.

### **Policy Endorsement**

This policy is agreed and signed by the governing body of Forest Academy School