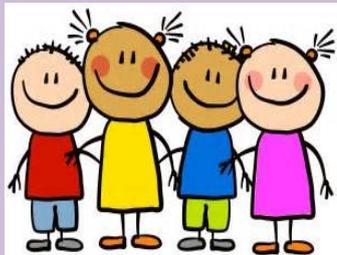


What's On at **Shirley Children's Centre**
Courses and Activities

Please contact the Centre to book your place on our
courses or book appointments.

AUTUMN EDITION
Sept—Oct 2018

Please book courses and crèches early



Parent Voice

Thursday 4th October 11.00am—11.30am

The parent voice is an open meeting place for you to tell us how the centre is doing and to receive updates on Best Start and other community initiatives. It is also the place to tell us what services you would like in the centre so you can come along.

Messy Play for under 1's (Term time only)

Every Monday 1.00pm—2.30pm

Does your child love getting their hands dirty while exploring the world around them?... We've got it covered! Messy play helps children develop in their own ways including being able to express their feelings and experimenting with a variety of textures.



Please bring with you a spare change of clothes for your children.

Pathways to Beauty

A free three week beauty course for parents and carers of children aged under 5. Course runs **Thursdays, 9.12.00pm—2.00pm from 13th—27th September 2018.**

Free crèche places available. Please book early as spaces are limited.

You will learn how to master make up and facial techniques

TO SECURE YOUR PLACE TELEPHONE THE



MAD Academy

This session is a fun & funky music & movement class that takes place fortnightly on Thursdays from **1.30pm—2.15pm.**

Classes are for babies up to 5 years old.

No need to book, just drop in.

11th September
9th & 23rd October

Baby Massage

Would you like to join our Infant Massage classes? If you have a baby aged between 2months—12months you can. (Pre crawlers)

- Enjoy 1:1 time with your baby
- Relieve stress
- Bond with your baby

Course starts Wed 3rd—31st October 1.30pm—2.30pm.

To book your place— Please call the centre on 0208 777 2119 **BEFORE** you attend the course.

Course costs £10 each.

Now I'm 2

NEW SESSION! Come along to 'Now I'm 2' every **Monday from 9.30am—11.15am (Term Time Only)** This session is a structured Stay n Play which will offer support & guidance to help your child get ready for nursery. We offer advice on the following:

- Toilet training
- Introducing new foods
 - Behaviour
- Sleep routines & much more

All the activities are focused and are suitable for families to enjoy.

No need to book, just drop in.



Bookstart

Book start is a 3 week programme aimed at families that require support to develop a love of stories, books and rhymes.

Over the 3 weeks, children will have access to a range of learning resources and activities to enhance engagement with their families and build their confidence around stories.

Course starts **Thursday 4th—18th Oct 1.30pm—2.30pm.**

Please call the centre to book your place.

Shirley Children's Centre, 34 Lilac Gardens, Shirley, Croydon, CR0 8NR, Tel: 0208 777 2119
info@shirleychildrenscentre.org.uk www.shirleychildrenscentre.org.uk

'Helping Families Fulfil their Potential'

Come along to our Stay and Play sessions for all children aged 6 months—5 years

Tuesday 1.00pm - 2.30pm

Thursday 9.30am - 11.15am

We offer a wide range of fun activities indoors and outdoors where you can meet other parents and play with your children. There is a variety of fruit at 'snack time' and water is on offer throughout the session.

Please bring one piece of fruit in per week to share.

Stay and Play sessions run throughout the year and older children are welcome in school holidays.

If you would like more information, please speak to reception or call 0208 777 2119.

No booking required.

Chatterbox Groups

Are you worried about your child's talking? Do you have questions about your child's speech & language development? Shirley Children's Centre has a drop in group to promote, support and encourage your child's speech, language and communication development with a Croydon Speech Therapist, who can provide advice and support.

Chatterbox Sessions 9.30am—11.00am

every Wednesdays:

Housing Surgery and Advice

Access housing advice quickly and easily. Come and talk to a Housing Advice Officer about your tenancy or lease, rent, service charges, or any other tenancy related issues. Please book an appointment or leave your number for a call-back where you can discuss your problem over the phone.

Housing Surgery dates:

Friday 14th September 11.00am—2.00pm

**CROYDON
COUNCIL**

www.croydon.gov.uk

WELL BABY CLINIC

We have a fortnightly Well Baby Clinic on Thursday 9.30am—11.30am where you can weigh your baby and get advice from the Health Visitors.

Clinic days:

13th & 27th September

11th & 25th October

Croydon Health Services 
NHS Trust

Musical Bumps

A fun music and movement class for children of all ages. Introduce your child to the joys of singing, dancing and music with Maree

every fortnight

Tuesday 9.30am - 10.15am

18th September

2nd, 16th & 30th Oct



Macmillan Coffee Morning @ The Coffee Shop, Shrublands

Come along to our Macmillan Coffee Morning on Thursday 27th September from 9.30am—12.00pm.

If you are able to donate any homemade or shop bought cakes, we would really appreciate it.

Please help us raise money for Macmillan Cancer.

Last year was a success, lets make this year an even better one.

Address : Coffee Shop
7 Broom Road
Shirley



1:1 Employment & Self Employment Advice

Book your FREE 1:1 Employment and Business Advice slot;

- Access to local employability support
- CV checking service and access to local vacancies
- Advice on developing your business idea

All appointments are a minimum of 30 minutes long.

For more information, or to book an appointment, please call the centre on 0208 777 2119.

Shirley Children's Centre Food Parcels

Foodbanks provide a minimum of three-days non-perishable tinned and dried foods that have been donated by the local community.

If you would like more information on how to receive a food parcel, please contact the centre on 0208 777 2119.

Shirley Children's Centre is on Facebook 'Like' our page to find out upcoming events and courses.

Search for Shirley Children's Centre in your search for friends tab.

