

## MONDAY

'Now I'm 2' & Transition  
Workshop (Drop in)  
9.30am—11.15am



Family Support—45 min  
appointments (Book)  
9.30am—12.15pm

1:1 Employment & Self  
Employment  
Advice (Book)  
12.00pm—2.00pm  
10th June  
8th July

Bookstart (Book)  
1.00pm—2.00pm  
3rd—17th June

Hello Baby 0—pre  
walkers (Drop in)  
1.00pm—2.30pm  
Starts 3rd June

## TUESDAY

Musical Bumps (Drop In)  
9.30am—10.15am  
11th & 25th June  
9th & 23rd July



Mucky Bubs 0-2's  
(Drop in)  
10.30am—11.45am



Stay and Play  
(Drop In)  
1.00pm—2.45pm

Benefits Advice  
(Book)  
11am—3.30pm

## WEDNESDAY

Midwives (Appt's only)  
9.30am—11.30am

Chatterbox Speech &  
language therapy  
(Drop in)  
9.30am—11.00am



Beauty Course (Book)  
3rd—17th July  
9.30am—11.30am

Baby Massage (Book)  
1.30pm—2.30pm  
17th of July-14th August



Computer Drop In  
& Job Search  
1.30pm—3.30pm

## THURSDAY

Sensory for Babies  
0—walking  
(Drop in)  
9.30am-11.00am

Stay and Play  
(Drop in)  
9.30am-11.15am

Health Clinic  
(Developmental Health  
Review Checks Appt only)  
9.30am—11.30am  
6th & 20th June  
4th & 18th July

Babbling Babies—under  
1's(Book)  
27th June—18th July  
1.30pm—2.30pm

Computer Drop In  
& Job Search  
1.30pm—3.30pm

## FRIDAY

SEN/Disability Croydon  
Mencap Chill and Chat  
(Drop in) term time only  
9.00am—12.45pm



Housing Advice  
(Book)  
12.00pm—2.00pm  
14th June  
12th July

Red—Adults groups  
Green—0-5 years  
Blue—0-1 year

SHIRLEY CHILDREN'S CENTRE  
34 LILAC GARDENS  
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info@shirleychildrenscentre.org.uk  
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Facebook: Shirley Children's Centre

### **1:1 Employment & Self Employment Advice**

Book your FREE 1:1 Employment and Business Advice slot;

- Access to local employability support
- CV checking service and access to local vacancies
- Advice on developing your business idea

All appointments are a minimum of 30 minutes long.

**For more information, or to book an appointment, please call the centre on 0208 777 2119.**

### **Now I'm 2**

Come along to 'Now I'm 2' every Monday from 9.30am—11.15am

This session is a structured Stay n Play which will offer support & guidance to help your child get ready for nursery. All the activities are focused and are suitable for families to enjoy.

**No need to book, just drop in.**

You can also check whether you are eligible for 2 year funding.

### **Babbling Babies**

It is never too early to introduce your baby to books.

Believe it or not, by the time babies reach their first birthday they will have learned all the sounds needed to speak their native language. The more stories you read aloud, the more words your child will be exposed to and the better he or she will be able to talk.

Babbling Babies is a bookable 4 week course that introduces you and your baby to crafts, nursery rhymes and songs for families.

### **Baby Sensory**

This new session focuses on bonding with you baby & is specifically designed from birth to promote babies development. This session is also filled with an incredible selection of sounds, smells, sight, textures, music and singing.

For more information, please contact the centre on 0208 777 2119 or check out our facebook page 'Shirley Children's Centre'

**No need to book, just drop in.**

### **Mucky Bubs under 0—2's Tuesdays**

This Mucky Bubz session is an excellent way to help your child play with different materials and develop their muscles. It's fun and something you can do without messing up your home.

No booking is required, just turn up with a spare set of clothes and nappies to change your baby afterwards.

**For more information, please call the centre on 0208 777 2119.**

### **Baby Massage**

Would you like to join our Infant Massage classes? If you have a baby aged between 2months—12months you can. (Pre crawlers)

- Enjoy 1:1 time with your baby
- Relieve stress
- Bond with your baby

To book your place— Please call the centre on 0208 777 2119. Please note, you will need to complete a health questionnaire

**BEFORE** you attend the course.