

What's on the menu?

HARRISON
food with thought

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE w/c 10 th Sep, 1 st Oct, 29 th Oct, 19 th Nov, 10 th Dec, 14 th Jan, 4 th Feb	WEEK TWO w/c 17 th Sep, 8 th Oct, 5 th Nov, 26 th Nov, 17 th Dec, 21 st Jan, 11 th Feb	WEEK THREE w/c 24 th Sep, 15 th Oct, 12 th Nov, 3 rd Dec, 7 th Jan, 28 th Jan
Mexican Chili Penne Arrabiata Steamed Basmati Rice Fine Green Beans Fresh Cauliflower Wholemeal Fruit Crumble with Custard Sauce Fruit Yoghurt	Beef Bolognese Bean & Vegetable Bolognese Spaghetti Cauliflower with Mange Tout Apple Cake with Custard Sauce Fruit Yoghurt	Balsamic Beef in Yorkshire Pudding Pasta Neapolitan Parsley Potatoes Braised Cabbage Sweetcorn Fruit Yoghurt
Chicken Fajita with Sweet Chili Bean & Vegetable Pilaf Parsley New Potatoes Sweetcorn Citrus Carrots Lemon Sponge with Custard Sauce Fruit Smoothie	Cajun Chicken Vegetable Lasagne Jollof Rice Fresh Vegetable Medley Canadian Gingerbread with Vanilla Sauce Fruit Smoothie	Teriyaki Chicken Mixed Bean Ratatouille Steamed Basmati Rice Fine Green Beans Citrus Carrots Malva Pudding with Vanilla Sauce Fruit Smoothie
Roast Beef with Yorkshire Pudding & Gravy Macaroni Cheese Roast Potatoes Braised Cabbage with Courgettes Chocolate Sponge with Chocolate Sauce Fruit Yoghurt	Roast Turkey with Gravy Spanish Omelette Roast Potatoes Fresh Broccoli Roasted Butternut Squash Chocolate Brownie Fruit Yoghurt	Baked Chicken Sausages Cheddar & Spring Onion Quiche Creamed Potatoes Fresh Broccoli & Cauliflower Mix Chocolate & Peach Sponge with Chocolate Sauce Fruit Yoghurt
Piri Piri Chicken Sauté Sweet Potato with Mixed Beans Steamed Basmati Rice Steamed Broccoli Roasted Parsnips Apple Flapjacks Fruit Smoothie	Beef Lasagne Oriental Stir Fry with Noodles Parsley New Potatoes Fresh Carrots with Garden Peas Carrot Cake Fruit Smoothie	Meatballs in Herb & Tomato Sauce Vegetarian Stir Fry Pasta Fresh Carrots Braised Cabbage American Cookie Fruit Smoothie
Battered Fish Fillet Cornish Vegetable Pasty Chunky Chips Baked Beans Garden Peas Orange Jelly & Mandarins Fruit Yoghurt	Chicken Burger Cheese & Onion Pinwheel Chunky Chips Baked Beans Coleslaw Vanilla Ice Cream with Fruit Fruit Yoghurt	Pizza Margherita Seasoned Baked Salmon Chunky Chips Sweetcorn with Garden Peas Frozen Yoghurt with Fruit Fruit Yoghurt

Available daily: Freshly Baked Wholemeal Bread, Organic Milk, Fresh Fruit Platter, Salad Selection, Jacket Potato with a Choice of Fillings

Look out for monthly featured ingredients

