

SHIRLEY CHILDREN'S CENTRE 'ACTIVITY TIMETABLE' 29TH OCT—21ST DEC 2018

MONDAY

'Now I'm 2'
(Drop in) Term Time Only
9.30am—11.15am



Computer Drop In
& Job Search
9.30am—11.30am

1:1 Employment & Self
Employment
Advice (Book)
12.00pm—2.00pm
12th Nov
10th Dec



TUESDAY

Musical Bumps (Drop In)
9.30am—10.15am
30th Oct
13th & 27th Nov
11th Dec



MAD Academy (Drop in)
9.15am—10.00am
6th & 20th Nov
4th & 18th Dec
Mucky Bubs
(Drop in)
10.30am—11.45am



Stay and Play
(Drop In)
1.00pm—2.30pm

Benefits Advice (Book)
1.30pm—3.30pm
6th 20th Nov
4th & 18th Dec
TBC

WEDNESDAY

Midwives (Appt's only)
9.30am—11.30am



Chatterbox Speech &
language therapy
(Drop in)
9.30am—11.00am



Computer Drop In
& Job Search
9.30am—11.30am

Baby Massage (Book)
1.30pm—2.30pm
21st Nov— 19th Dec



THURSDAY

BRAND NEW SESSION!!
Baby Sensory
(Drop in)
9.30am-10.30am
Starts 29th Nov

Stay and Play
(Drop in)
9.30am-11.15am

Funky Foods Information
(Drop in)
9.00am—12.00pm
22nd Nov

Health Clinic (Drop In)
9.30am—11.30am
8th & 22nd Nov
6th & 20th Dec

Shooting Stars Circus
Skills & Christmas Party
(Book)
1.00pm—3.00pm
20th Dec

Little Tenderfeet
Transition (Book)
1.30pm—2.30pm
22nd Nov—13th Dec

FRIDAY

SEN/Disability Croydon
Mencap Chill and Chat
(Drop in) term time only
10.00am—2.30pm



Housing Surgery
11.00am—2.00pm (Book)
9th Nov
14th Dec
TBC

Red—Adults groups
Green—0-5 years
Blue—0-1 year

SHIRLEY CHILDREN'S CENTRE
34 LILAC GARDENS
SHIRLEY
CRO 8NR
TEL: 020 8777 2119

info@shirleychildrenscentre.org.uk
www.shirleychildrenscentre.org.uk
Facebook: Shirley Children's Centre

1:1 Employment & Self Employment Advice

Book your FREE 1:1 Employment and Business Advice slot;

- Access to local employability support
- CV checking service and access to local vacancies
- Advice on developing your business idea

All appointments are a minimum of 30 minutes long.

For more information, or to book an appointment, please call the centre on 0208 777 2119.

Now I'm 2

Come along to 'Now I'm 2' every Monday from 9.30am—11.15am
(Term Time Only)

This session is a structured Stay n Play which will offer support & guidance to help your child get ready for nursery. All the activities are focused and are suitable for families to enjoy.

No need to book, just drop in.

You can also check whether you are eligible for 2 year funding.

Little Tenderfeet—Transition

Is your child starting Pre-school or nursery?

This can be a difficult time for both parents and children full of new opportunities and many challenges.

This new 4 week course will focus on promoting independence, looking at routines and offering tips and advice.

PLEASE BOOK ONTO THIS COURSE— SPACES LIMITED

BRAND NEW SESSION!! Baby Sensory

This new session focuses on bonding with you baby & is specifically designed from birth to promote babies development. This session is also filled with an incredible selection of sounds, smells, sight, textures, music and singing.

For more information, please contact the centre on 0208 777 2119 or check out our facebook page 'Shirley Children's Centre'

No need to book, just drop in.

Mucky Bubs under 1's—Tuesdays

This Mucky Bubz session is an excellent way to help your child play with different materials and develop their muscles. It's fun and something you can do without messing up your home.

No booking is required, just turn up with a spare set of clothes and nappies to change your baby afterwards.

For more information, please call the centre on 0208 777 2119.

Baby Massage

Would you like to join our Infant Massage classes? If you have a baby aged between 2months—12months you can. (Pre crawlers)

- Enjoy 1:1 time with your baby
- Relieve stress
- Bond with your baby

To book your place— Please call the centre on 0208 777 2119.

Please note, you will need to complete a health questionnaire **BEFORE** you attend the course.