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PhunkyFoods “COOK & EAT” Programme at Forest Academy

“Cook & Eat” is a fun, enjoyable way for parents and carers to have cookery lessons together with their children (Reception – Year 6). This is an excellent opportunity to learn how to create healthy, wholesome meals and snacks on a budget.

As well as having a fun experience with your son/daughter, you will get to create great new recipes together.

The sessions will run for 5 weeks, starting Wednesday 14th November 2018 and will be held after school from 3.15pm to 5.00pm

There is **NO CHARGE** for this “COOK & EAT” Programme. We simply require your commitment to attend the 5 x weekly sessions with your child/ren. Everything you need will be provided; including all of the ingredients!

Complete the form below and return to Mrs White via the School Office

Places are strictly limited and will be allocated on a first come, first served basis. Children under 4 years of age will not be able to attend the sessions.

Unfortunately there is no crèche facility

I would like a place on PhunkyFoods “Cook & Eat” Programme starting 14th November 2018 at 3.15pm

Child’s Name:

Class:

Parent/Carer’s Name:

Contact Number: