

Questions.

Week 1: Where does blood come from?

Week 2: What effect does exercise have on our body?

Week 3: What can stop us having a healthy lifestyle?

Week 4: Can you help an adult in school or at home to lead a healthier life?

Texts: Non fiction texts

Writing outcomes:

Fiction: Narrative Description

Non Fiction: Information Instructions

Explanation Persuasive

Maths:

Measurement: area, perimeter and volume 2 weeks

Algebra 2 weeks

Computing:

E-Safety

We are interface designers

Enrichment

Healthy Lifestyle Fitness Fair

Make and sell healthy snacks

Assessment Foci

Science: taking measurements using a range of scientific equipment with increasing accuracy and precision, taking repeat readings when appropriate

Art: Show examples of pencil and charcoal.

PE: (gym) identify and explain the effective elements in their own and other's performance of skills, sequences and activities.

Science: Animals including humans

- identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood
- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function
- describe the ways in which nutrients and water are transported within animals, including humans.

Foundation Skills

PE: Basketball & gymnastics

French: Directions and occupations. Engage in conversations; ask and answer questions; seek clarification and help.

PSHE/ British Values: Fit for the Future

- understanding the benefits of a healthy lifestyle, including physical activity, healthy eating, rest and hygiene;
- knowing about the harmful effects to themselves and others of tobacco, alcohol, solvents and other illicit and illegal substances;
- knowing how the body grows and develops;
- being aware of the physical and emotional changes that take place during puberty;
- recognising how responsibilities change as they become older and more independent.

Music: Steel band or keyboards with developing singing skills